



## Bing Thom's Glass Curtain Call at Arena Stage

By The Southwester Staff

The glass curtain installation is moving right along down Maine Avenue at the site of Arena Stage. According to architect Bing Thom's website, the idea behind the glass curtain evokes Shakespeare's "all the world's a stage", already a popular cliché when he wrote "As You Like It":

"Arena Stage's public spaces have been designed to be event spaces. Whether visitors are inside the theatre looking out or outside the theatre looking in, they are always within the theatre experience: people watching people, actors watching audience, and audience watching actors. This inside-outside dynamic is what is meant and achieved by the transparency."

The complex will be lit from within, infusing the surrounding area with an ethereal glow after sunset. The architectural vision calls for the surging presence of Arena Stage to infuse the Washington Channel waterfront region with life."

Guy Berquist, Arena Stage's Facility Project Director, provided The Southwester with some approximate milestones to look forward to. The



Photo by Steve Greene, Arena Stage

entire structure should be enclosed in glass by the end of October of this year. After that, the finish work will continue through the winter. The two pre-existing theater spaces, the Fichandler and the Kreeger will be updated technically, and remodeled, but will retain their previous character. The soffit will soon be installed around the dramatic roof, and will probably be lit from below when the complex is completed. The roof point on the north end of the building was designed to echo the Washington Monument. There will be the same number of underground parking spaces available that were provided by the parking lot that was built over. Within

the next few months, more details will become available and Arena Stage will begin giving some sneak previews of the building to local residents in the form of expanded hard hat tours.

By the end of the spring in 2010, the theatre staff will move in to what will be called the Mead Center for American Theater. The Mead Center will open to the public in the fall of 2010. It will include a café which will serve an expanded and improved light pre-show fare.

The design concept is beginning to be more apparent now that the roof and walls are nearing completion. The undulating Maine Avenue wall is reminiscent of the waves of the Potomac: a fit-

ting introduction to the Southwest Waterfront.

Meanwhile, the new theatre season is beginning on the temporary stage in Crystal City, with what Arena is billing as "Arena Restaged, Part II: a two year festival of American Voices." Shows will include *The Quality of Life*, *The Fantasticks*, *Stick Fly*, *The Light in the Piazza*, *Duke Ellington's Sophisticated Ladies*, and *R. Buckminster Fuller: The History (and Mystery) of the Universe*. The Crystal City stage is located at 1800 South Bell Street, Arlington, Virginia. "Arena Restaged Part II" will continue to have a Southwest Night with reduced ticket prices for Southwest residents.

## Kirstin Jones Selected as State Representative

By The Southwester Staff

DC State Board of Education (SBOE) announced the selection of SW resident, Kirstin Jones as a student representative for its 2009-2010 term.



Kirstin Jones

Kirstin is one of two student representatives and was selected from a pool of DC public, charter and private school candidates. A unique policy learning experience, she will serve as a liaison between the DC student population of and education policy makers at the SBOE.

Kirstin attends Benjamin Banneker Academic High School (BBAHS) where she is an eleventh grade honor roll student. She has an impressive list of academic and civic accomplishments and extra curricular interests which make her uniquely qualified for this position. The sixteen year old is a member of the National Mathematics Honor Society, a 2009 National Spanish Exam Bronze Medal recipient and a 2008 National Latin Exam Gold Medal recipient; a ballet student at DC's Jones Haywood School of Dance and a summer intensive student at the Debbie Allen Dance Academy in Los Angeles, California. She has been a girl scout since 1999 and is a member of Banneker's 2009 Championship Cheerleading Squad.

Kirstin is the older sister of Arthur Jones who attends St Albans School in NW Washington and the daughter of Rhonda Buford Jones and Art Jones.

## At Hogate's, It's All About You

By The Southwester Staff

New Hogate's owner Kristina Noell tells us why: "We thought about what Southwest residents want- all ages, families, old and young alike- when we set up the business. So we have something for everyone. It really is all about you at Hogate's"

For some time now, Kristina Noell, with Castle Noell Group, Inc., has been renovating and preparing the 800 Water Street building for her new endeavor: a three part venue. The first phase of Kristina's project,

Hogate's Café, already had its soft opening and is open from 11 a.m. to 10 p.m. A grand opening with ribbon cutting by Council Member Tommy Wells (Ward 6) is planned for Wednesday,

September 9 at 10 a.m. The café space has been nicely set up with upholstered booths, soft lighting, sofas and chairs, free WiFi, plasma TVs, a full bar, an espresso bar, and a complete menu offering. The café will be open from 6 a.m. to 10 p.m. weekdays, and 9 a.m. to 10 p.m. on weekends.

During the month of September, Kristina plans to launch the second and third parts of the business: Hogate's (the restaurant) and a lounge bar. Kristina's café is located at the south end of the building, the restaurant will have an entrance at the north end where the main doors are, and the lounge will be located at the far north end of the huge building. Some plans include a regular happy hour at the

lounge, spoken and written word, arts, Sunday brunch, and catered events. Executive Chef Jimmy McCarthy from Annapolis, along with an on-site pastry chef, will be looking back to the historic Hogate's Sea Food Restaurant for inspiration. Chef McCarthy has worked at The Chart House in Annapolis and Tony and Joe's in Georgetown. Rum buns will return, as well as the Mariner's Platter.

I have to put in a word for the café's gumbo. The roux is dark, the flavor and heat perfectly blended. The right amount of okra thickens it perfectly. The chef adds the shrimp late, so that they retain their texture and delicate flavor. The

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Hogate's Café Coffee Bar

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## ANC 6D Update

By David Sobelsohn,  
ANC 6D Commissioner and Secretary

Our Advisory Neighborhood Commission doesn't hold a regular public meeting in August. But that hardly means we're on vacation.

In perhaps August's most significant development, ANC 6D welcomed our new administrative assistant, Bert Randolph. Bert's already improved our efficiency. Visit Bert at our office, 1501 Half St., SW, Tuesday or Thursday afternoons.

In August we also received the DC Attorney General's response to a critical question for all ANCs. In June, ANC 6D had voted to buy back-to-school bookbags for free distribution to neighborhood kids. But DC law seems to prohibit ANCs from making grants to anything but "organizations." Nevertheless, in August, the Attorney General ruled an ANC can legally "provide school supplies directly to children."

We distributed bookbags on August 22. If your child didn't get one, call our ANC office at (202) 554-1795.

Finally, last year, our only neighborhood supermarket, Safeway, started closing restrooms to customers. Three ANC commissioners formed a delegation to get this decision reversed.

But our community has had ongoing concerns about the Southwest Safeway. Stock often runs out, especially items on sale, and especially in the evenings. Safeway could have better signs, especially regarding prices, rainchecks, and its substitution policy for out-of-stock items. We often face long checkout lines or a closed service counter. At the Southwest Safeway, we've had issues with safety, security, and even cleanliness.

Earlier this decade an in-house survey ranked the Southwest Safeway dead last among Safeway outlets in the United States. Some of us think that ranking hasn't changed.

Our ANC responded by forming the Southwest Safeway Task Force. Chaired by Robert Sockwell, the Safeway Task Force has contacted both Safeway's eastern division president and Safeway's national board chair in California. We've met with our local Safeway manager and assistant managers. Conditions have improved.

Next spring, Safeway plans to move into a much larger space in Waterfront Station. Safeway has applied for a license to sell beer and wine at its new location.

At 7-9 p.m. Thursday, September 10, at Westminster Presbyterian Church, 400 I St., SW, ANC 6D and the Southwest Neighborhood Assembly will co-host a town meeting to discuss what Safeway should do now, what we expect from a new store, and how we feel about Safeway's liquor-license application. Coordinated by the Task Force, the town meeting will include representatives from the Metropolitan Police Department, Waterfront Associates, and Safeway, Inc.

This meeting's impact depends on how many of us attend. Spread the word. Pick up flyers at our ANC office. Post them in your area.

Anyone who cares about our community's only grocery store should join us September 10. We can make a difference. But only if we act together.

## Case of West Nile Virus Reported in Southwest



### Health

By The Southwester Staff

A long-time resident of Southwest is presently in the hospital with a diagnosis of West Nile Virus. The beginning flu-like symptoms progressed to serious, life-threatening meningitis and encephalitis. Outstanding care at George Washington University Hospital will enable our neighbor to return home soon.

Earlier this summer, there were published

reports that mosquitoes carrying West Nile were found on the grounds of Fort McNair in the course of carrying out their seasonal mosquito control program. The Animal Disease Prevention division of the D.C. Department of Health responded to this news by distributing flyers called *West Nile Virus* and *Controlling Mosquitoes*, primarily to the neighbors in the immediate vicinity of Fort McNair.

Due to the city's high rate of respiratory problems in its population, the Health Department does not routinely spray to kill adult mosquitoes. However, the District has a program to kill mosquito larvae before they grow to adulthood, and that program is both extensive and effective.

Citizens requiring more information and tips for eliminating breeding sites around their homes should contact the citywide call center by dialing 311 or visit the DOH's website: [www.doh.dc.gov](http://www.doh.dc.gov).

## Alcohol Beverage Control Committee Meeting

**Wed, Oct 14, 7 p.m.** Alcohol Beverage Control Committee, ANC6D, King Greenleaf Recreation Center, 201 N Street, SW. The agenda includes current liquor license applications/changes; updates on ABRA hearings/decisions; other issues relevant to Southwest, Near Southeast, and DC liquor licensing. This is a committee meeting where community comment is welcome. We are attempting to schedule regular meetings for 1st Wednesdays. Contact: Coralie Farlee, Chair, 554-4407; [cfarlee@mindspring.com](mailto:cfarlee@mindspring.com).

## Southwest September Community Calendar

**FRI. 4** Nationals Home Game, 7:05 p.m.: Roberto Clemente Night; Fireworks

**SAT. 5** Community Yard Sale, 1200 Block of Carrollsburg Place SW 9:00 a.m. to 3:00 p.m., rain date-September 12

Nationals Home Game, 7:05 p.m.: Adopt a Pet at the Park

**SUN. 6** Nationals Home Game, 1:35 p.m.: Kids Run the Show; Family Fun Days

**TUE. 8** Nationals Home Game, 7:05 p.m.: Free T-Shirt, first 10,000 fans

**WED. 9** Grand Opening, Hogate's Café Ribbon Cutting, 10:00 a.m., 800 Water Street, SW

Nationals Home Game, 7:05 p.m.

**THU. 10** Town Meeting on Safeway liquor license application, 7-9:00 p.m., Westminster Presbyterian Church, 400 I St., SW

Nationals Home Game, 7:05 p.m.

**SAT. 12** EIGHTH Annual Health Fair, 11:00 a.m. to 3:00 p.m., New King Greenleaf Recreation Center, 201 N Street, SW. Free for everyone. Fitness Checks, Nutritional Education, Healthy Lifestyle Tips, Food and Fun.

**MON. 14** ANC 6D Monthly Business Meeting, 7:00 p.m. at the Courtyard Marriott Hotel, 140 L Street SE, 2nd Floor Admiral Rooms (note special location)

**THU. 17** Police Service Area 104 (PSA) Monthly Meeting 7-8:30 p.m., Waterside Towers, 907 6th Street, SW.

Local Simplicity Circle will continue its discussion of the workbook "Menu for the Future," all about food at 7:30 p.m. To RSVP call 202-546-3933 or e-mail [mpb56054@yahoo.com](mailto:mpb56054@yahoo.com). [www.simplicity-matters.org](http://www.simplicity-matters.org).

St. Augustine's Interfaith Book Discussion Group: 6:30 p.m., Potluck supper. Par-

ticipants should read "The Secret Life of Bees" by Sue Monk Kidd to discuss. St. Augustine's Episcopal Church library, 600 M St., SW. Contact Deeanna Burleson, 703-303-6143.

**TUE. 22** Nationals Home Game, 7:05 p.m.: Free T-Shirt, first 10,000 fans

**WED. 23** Nationals Home Game, 7:05 p.m.

**THU. 24** The Southwest Chamber Players: an evening of American vocal music at 7:30 p.m., St. Augustine's Episcopal Church, 600 M St., SW, featuring both classical and pop songs by Samuel Barber, Aaron Copland, Victor Herbert, Sigmund Romberg, and others, with post-concert reception. Free of charge. Donations excepted.

National Active and Retired Federal Employees Association (NARFE) Meeting, 12:30 p.m. to 2:30 p.m., Southwest Public Library, 900 Wesley Place SW.

Nationals Home Game, 7:05 p.m.

**FRI. 25** Nationals Home Game, 7:05 p.m.: Fireworks

**SAT. 26** St. Augustine's End of Summer Fair: Saturday, September 26, 9:00 a.m. to 3:00 p.m., rain or shine. MYSTR Treefrog Band, Moon Bounce, Fish Fry, Hot Dogs, Bake Sale, Barbecue, Senior Bingo and Lunch, Children's Activities, Raffle Prizes, Bargain Clothes, Books, and Household items. St. Augustine's Episcopal Church grounds and sanctuary, 600 M St., SW. Interested sponsors and vendors contact Elaine Graves, [egraves@hers.com](mailto:egraves@hers.com), 202-863-0256.

8th Annual D.C. Jazz Preservation Festival, Noon to 9:00 p.m. at the Public Park at 6th and I Streets, SW.; various vendors and food for sale all day.

Nationals Home Game, 1:05 p.m.: Second Annual Gospel Music Fest post-game

concert

**SUN. 27** Grounds for Discussion, 10:45 a.m., St. Augustine's Church, 800 M Street, SW

Bruce Friedrich, Vice President for Policy at People for the Ethical Treatment of Animals (PETA). Light refreshments to follow.

Nationals Home Game, 1:35 p.m.: Family Fun Days

**MON. 28** Nationals Home Game, 7:05 p.m.: Free Team Photo, first 20,000 fans

**TUE. 29** Nationals Home Game, 7:05 p.m.: Free T-Shirt, first 10,000 fans

**WED. 30** Nationals Home Game, 7:05 p.m.: Fan Appreciation Day

## WEEKLY, BI-WEEKLY

**TUESDAYS, 10 A.M. to 2 p.m.** United States Department of Transportation Farmers Market, 3rd and M Streets, S.E. It runs through November 18th.

**TUESDAYS & THURSDAYS at 5:30 p.m.** at St. Augustine Church the S. Wash. West of the River Family Strengthening Collaborative has a course called Quenching The Father Thirst. This course trains men to become responsible fathers/father-figures that love and lead their children to success. Call Alphonso Coles, 202-870-1885.

**WEDNESDAYS, 12 - 2 pm** - Free outdoor concerts, rock, etc. Bring your bag lunch or buy here - Plaza behind DOT Headquarters Bldg - New Jersey Ave. SE & N SE, a block south of Metro station

**FRIDAYS AT 10 a.m. to 2 p.m.**, the United States Department of Agriculture (USDA) Farmers Market, corner of 12th and Independence Ave., S.W. It runs through October 30th.

**LOG ON TODAY!**  
[www.swdc.org](http://www.swdc.org)

## The Southwester

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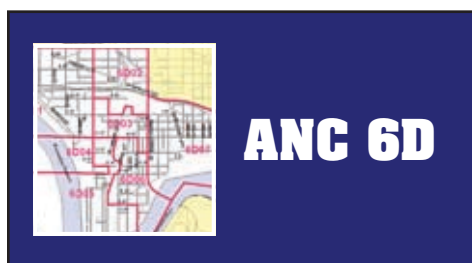
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Please submit calendar items for October events to voice mail - 202-554-8560 or by email to [thesouthwester@yahoo.com](mailto:thesouthwester@yahoo.com) by Wednesday, September 23, 2009.





By Andy Litsky, Chairman, ANC-6D

In 1976, the District Government established a unique outlet for citizen performance in government – the Advisory Neighborhood Commissions. ANC6s are the most local component of the governmental structure in the District of Columbia.

ANC-6D, is the Advisory Neighborhood Commission that represents our Southwest and Near Southeast neighborhood. We have a seven member Commission representing the interests



Map of ANC-6D with single member districts

of approximately 14,000 residents. We are one of four ANC6s in Ward 6. There are 37 ANC6s in the District of Columbia subdivided into 286 smaller components called Single Member Districts (SMDs). Each SMD represents about 2,000 residents

ANC Commissioners are formally elected to their positions in elections conducted by the DC Board of Elections and Ethics. ANC elections are conducted in even numbered years and each Commissioner is elected to serve a term of two years. We are all unsalaried.

We consider a wide range of policies and programs that impact our neighborhood and then present our recommendations to various District government agencies, the Executive Branch, and the Council. These issues include, among others, zoning and economic development, public safety, public education, traffic, parking, recreation, street improvements, liquor licenses, and sanitation. ANC-6D also presents testimony to independent agencies, boards, and commissions on behalf of our neighborhood to ensure that input from the community is taken into consideration when government plans and policies are adopted. In this sense, the ANC-6D is the government body with the closest official ties to the people in Southwest and Near Southeast.

ANCs are advisory in nature, but they differ from

neighborhood associations such as SWNA and other groups in that the law requires that ANC6s be given prior notice before any proposed government action can be implemented that might affect the neighborhood. Most importantly, the views of each ANC also must be given “great weight” when final government decisions are made.

ANC-6D also negotiates agreements setting forth a range of benefits provided by various developers in exchange for community support for their projects. And since the past several years have seen an explosion of new development and construction in our ANC – more than anywhere else in the District – we have been very busy.

Major projects in which ANC-6D has been actively involved include: the redevelopment of Waterside Mall (Waterfront Station) and the opening of Fourth Street; the construction, operational and traffic issues pertaining to

Nationals Stadium; the planned redevelopment of the Southwest Waterfront; the retention and redevelopment of Arena Stage; the relocation of the First District Police Station; the selection of the developer for the new fire station; the construction of the Hope Six project and Capper Carrollsburg Senior Dwellings; the move of the Corcoran School of Art into the Randall School; and the construction of King Greenleaf Recreation Center.

In each of these and a host of smaller developments, ANC-6D has negotiated benefits for the community. These have included building height modifications, increased local retail (Yes – it’s really coming!), building setbacks, altered traffic flow, more green space and canopy, employment guarantees for local residents, enhanced LEED certification, office space for organizations providing direct neighborhood services, and residential units reserved for workforce and affordable housing. In others, we have negotiated significant financial contributions which are held in escrow and which we look to

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## Southwest Properties Possibly at Risk for Interior Flooding

By The Southwester Staff

This coming winter, the levee at 17<sup>th</sup> Street and Independence Avenue will be repaired. Once the levee is reconditioned, the City of Washington DC will remap the flood plain area for downtown DC and surrounding areas. The low-lying portions form a crescent that includes portions of Southwest. The area involved is that which is at risk for river flooding, but the new mapping will be for interior flooding, in other words, the type resulting from heavy rains and slowed street sewer drainage. Interior flooding occurred during the heavy rains of the summer of 2006, and in 2003 during hurricane Isabella. The lowest elevations are those at risk for this type of flooding. Since the lowest elevations are also at risk for interior flooding, the area covered by the new mapping is likely to be the same as that for river flooding.

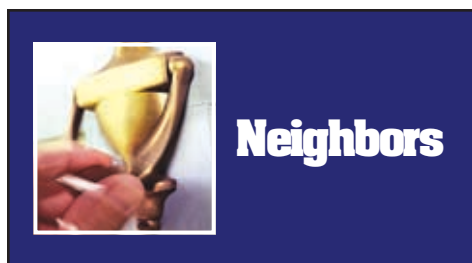
The District Department of the Environment is preparing the plans for this remapping and would like residents in the interior flooding area to be aware of insurance needs and requirements. If residents buy the correct insurance for their property before the issuance of the new Flood Insurance Rate Map some time in May, 2010, they will be eligible for FEMA’s grandfather clause which represents a substantial savings. Residents in the affected area should contact their insurer and update their coverage to the current mapping. If a resident is covered under the current mapping before the new Flood Insurance Rate Map is issued, they can keep the lower rate under the grandfather clause with a savings in excess of 50%. However, if your property has a history of flooding, you may not be eligible for the grandfathering rate. Only your insurance company can provide you with the proper information in this case.

Our local ANC6D will have much more information available concerning the flood risk at its next business meeting on September 14<sup>th</sup> at 7:00 p.m. at the Courtyard by Marriott, 140 L Street, SE. Southwest residents in areas 4 and 5 on the map shown here should plan on attending for a full explanation of the risks, any mandatory coverage, and the possibility of substantial savings under FEMA’s grandfather clause.



Area of Impact: The double line above delineates the area of Washington DC that is at risk for flooding, according to the Army Corps of Engineers, if the Potomac Park Levee fails.

## Town Hall Meeting to Discuss Safeway Concerns



By The Southwester Staff

For many residents of Southwest, conditions at our local Safeway have been an issue for quite some time. Both the Southwest Neighborhood Assembly (SWNA) and the Advisory Neighborhood Council (ANC6D) have tried to channel the negative energy towards constructive collaboration with Safeway’s upper management. To this end, these organizations have created a local Safeway Taskforce.

The Taskforce has scheduled a Town Hall Meeting on Wednesday, September 10<sup>th</sup> at 7 p.m., hosted by Westminster Presbyterian Church, 400 I Street, SW, to discuss a recent petition by Safeway for a Class B liquor license,

allowing it to sell wine and beer at their Southwest location.

Safeway’s current situation is complicated by the upcoming move to their new location, right beside the actual building, on the first floor of the west office high-rise under construction and scheduled for move-in by Safeway between March and May of 2010. With 55,000 square feet of space, the new Southwest Safeway grocery store will be one of the largest Safeway stores in the greater DC area. Many changes and improvements can be expected as the Safeway Corporation opens what can be called its new flagship market.

Future plans, however, have not placated the concerns of residents. ANC6D has a mandatory advisory role with the Alcohol and Beverage Regulation Administration (ABRA) before any license petition can be approved. At its July business meeting, ANC6D voted to oppose Safeway’s request in order to be able to register its concerns and give the ANC procedural standing to air the issue and have a subsequent advisory vote to present to ABRA.

Safeway officials will be on hand for the Town Hall Meeting.



Current Safeway location



Entrance to the new Safeway, under construction

## St. Augustine’s 2009 End of Summer Fair

St. Augustine’s Episcopal Church grounds and sanctuary, 600 M St., SW.

Saturday, September 26, 9 a.m. to 3 p.m., rain or shine.

MYSTR Treefrog Band, Moon Bounce, Fish Fry, Hot Dogs, Bake Sale, Barbecue, Senior Bingo and Lunch, Children’s Activities, Raffle Prizes, Rummage Sale. Interested sponsors and vendors, contact Elaine Graves, egraves@hersh.com, 202-863-0256



# Dorothy I. Height Receives DAR Medal of Honor



There was an air of excitement and anticipation when veteran Civil Rights Activist and Southwest resident Dr. Dorothy I. Height received the National Society Daughters of the American Revolution (NSDAR) Medal of Honor Award at their recent One Hundred Eighteenth Continental Congress at Constitution Hall in Washington, DC.

Dr. Height, Chair and President Emerita, National Council of Negro Women, was chosen for her relentless efforts, dedication and commitment for advocating for women, families, and civil rights. Introduced by Lauren M. Kessler, National Chairman, Americanism Committee, the Medal of Honor, DAR's highest award, was presented by NSDAR President General Linda Gist Calvin and sponsored jointly by Col. John Washington-Katherine Montgomery and Judge Lynn Chapters, District of Columbia DAR.

Speaking almost extemporaneously, Dr. Height, 97, shared some of her life story and the challenges she endured in her continuing efforts to achieve equal rights and justice for women,

families and minorities. One of the highlights of her acceptance speech was the irony she talked about in receiving esteem recognition in a place that once banned blacks.

Dr. Height recalled the surreal 1939 incident involving African American opera singer Marian Anderson who was prevented from performing a concert at Constitution Hall. Outraged by the exclusion, First Lady Eleanor Roosevelt, who later became Dr. Height's long-time friend and mentor, publicly resigned from DAR and subsequently arranged for Anderson to perform at a free concert on the National Mall in front of the Lincoln Memorial. Sponsored by the Federal Government, more than 75,000 people saw Anderson's grand performance on Easter Sunday and millions of others heard her on the radio. Anderson later performed six times at Constitution Hall, including launching her farewell tour from the Constitution Hall stage. While recognizing and praising DAR's progress of inclusiveness and America's overall progress in general, Dr. Height reminded us that even though we have an African American President Barack Obama in the White House, we are still confronted with many challenges and barriers that are preventing far too many citizens from achieving their full equal and civil rights.

Southwest guests were pleased to hear reference to Dr. Height's January, 2009 interview at a well-attended Southwest meeting where she said: "You need to know something about your history and understand who, what and how you are...what you are and appreciate it." Her speech was met with a long standing ovation by an audience who clearly was amazed and in awe of her courage, strength and tenacity to make a difference.

Several Southwest residents witnessed Dr. Height's Medal of Honor Award acceptance speech and immediately congratulated her following the reception. Southwest guests included Grace Adams, Dorothy Bryan, Shirley Haulsey, Thelma D. Jones, Marilyn Killingham, Perry

and Sue Klein, H. Alice Lowery, Laverne Naughton, E. Faye Williams, and Pat Archer-Jacob, the DC DAR member who initiated Dr. Height's nomination. Other special guests included Katie McCabe, Christine Toney, and Mary L. Brown. Prior to the ceremony, friends and Southwest guests of DAR were invited for photo-ops with Dr. Height and President General Linda Gist Calvin in the beautiful President General's Reception room. President General Calvin commented on how honored DAR was to have both Dr. Height as their Medal of Honor recipient and her neighborhood friends in support of her recognition. A private reception for award winners which Dr. Height's guests attended was held in the popular O'Byrne Gallery overlooking the south wing of the "C" Street balcony. Mingling with the guests, Southwest residents shared how honored they were to witness this historical event of a true pioneer and neighbor.

Other highlights of the evening included speakers, awards presentations, entertainment, and the before and after ceremonial pageantry of the national officers and pages processing in and out of Constitution Hall with their state flags held high and noticeably with a source of pride and jubilation.

The National Society Daughters of the American Revolution was founded in 1890 to promote historic preservation, education and patriotism. Its members are descended from the patriots who won American independence during the Revolutionary War. With more than 165,000 members in approximately 3,000 chapters worldwide, DAR is one of the world's largest and most active service organizations. To learn more about the work of today's DAR, visit [www.DAR.org](http://www.DAR.org).

*(Thelma Jones, Southwest Neighborhood Assembly Board Member who interviewed Dr. Height in January, contributed to this article.)*

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At an informal benefit buffet at JENNY'S RESTAURANT  
1000 Water Street SW, Washington, DC  
(street parking and S8 parking below Phillips next door)

Sunday, September 27, 2009  
12:30 pm – 2:00 pm

\$28 per person

(Proceeds used for new and ongoing youth programs in Near SW/SE)

(Make check payable to the Southwest Neighborhood Assembly, Inc., a 501(c)(3) charitable corporation)  
(Mail to SWNA, P.O. Box 70792, Washington, DC 20024)

**Honored Guest**  
Dale MacIver, retiring editor of *The Southwester*

RSVP requested by **Monday, September 21.**

For information, please call or email Rick Bardach at (202) 554-8282 or [rrickbar@aol.com](mailto:rrickbar@aol.com)  
or Thelma Jones at (202) 488-3746 or [Tjones15@verizon.net](mailto:Tjones15@verizon.net)

For more information on the Southwest Neighborhood Assembly and its programs, please visit  
[www.swdc.org](http://www.swdc.org)



## Advice on Choosing a Personal Trainer



### Fitness and Nutrition

By Jeremy Gordon,  
Guest Fitness Columnist

Finding the right personal trainer is not an easy task. There are plenty of articles around on how to do it, with all of the more scientific pointers such as certification, supplement use, and contracting. But I wanted to offer some advice from personal experience. Since I've moved around a lot in the past few years, I have had to choose personal trainers at least five times in the past ten years, and I hope that I've learned something along the way.

The worst mistake that you can make is to join a gym and let the gym assign you a personal trainer from the staff there. You will immediately be sorry, unless you're really lucky. The relationship of trust and motivation needed for success in your training requires more than a spin of the wheel. A better approach is to work out at a gym and observe. The best gyms for this are those which have both staff trainers and allow free-lance trainers to work there, too. Many staff trainers are young and inexperienced and don't get to keep much of the session cost that you pay to the gym. Free-lance trainers have most likely already cut their teeth for a number of years in the business and are better compensated. As the saying goes, you get what you pay for.

When you are at the gym then, look around and see and listen to how the trainers relate to their customers. Take a look at what exercise routines they employ, and see the results that

their clients are getting. When a trainer is on a break and not with a client, introduce yourself and chat a bit. See if you think there is some sort of personality quality or professionalism that appeals to you.

Ask a few basic questions. The first question should be, after very briefly expressing your fitness goals, "do you think you can help me reach these goals?" The trainer should be able to advise you regarding exercise when you are not training (yes, it does take work during the rest of the week) and about proper diet. Don't expect a meal plan, but do expect more than an admonition to eat "low-fat". Once you choose a trainer, a good one will need to know your daily habits and will ask

you to write them down. This will allow the trainer to custom fit a program to your needs, and help the trainer help you stay on track. A good trainer will regularly assess your progress with measurements, body fat calculations, and weigh-ins. And all of this, together with policies, waivers, and insurance, should be in a written contract.

A personal trainer's style is important. If you respond well to the shouting of a military drill instructor type, well, then look for one of those. But most people need gentle yet firm encouragement to try harder each time. A good trainer will keep their attention on you during the hour you pay for, and will not be constantly on the phone, or talking to others at the gym, or doing other things, or standing around with a blank stare while you sweat it out.

One last and most important point: if you want results, then you need a trainer who is able to get those same results on his or her own body. Look for someone who has been able to attain and keep the results you desire. After all, if a trainer can't motivate himself or herself to keep fit, how can you expect them to motivate you?

*Derrick Inglut will return next month with his regular column.*



## 2010 Census is Coming to Schools in Southwest

Children are powerful voices in their homes. For that reason, the U.S. Census Bureau has created a Census in Schools program to educate students about the importance of the census so children can deliver the message to their families. The program will engage youth in a creative way with lesson plans and other educational materials to ensure they understand the importance of counting every child and every household member on Census Day, April 1, 2010, and familiarize students with the census questionnaire.

The lessons help children build map literacy by teaching students how to read different kinds of maps and how to create their own maps. The program immerses students in census data and encourages them to collect data on their own. It is designed to challenge students to get to know their communities and think about community needs.

This year, every principal in the United States has received a letter announcing the 2010 Census' It's About Us program as well as program kits in conjunction with the start of the 2009 – 2010 school year. Teachers can also access educational digital lessons online. Schools will host their Census in Schools Week celebrations and distribute family take-home pages to encourage census-related conversations at home.

The Bureau would like everyone to be counted on Census Day. The personal data is

private and protected by federal law. General data is used to allocate state and community funds, public and private services such as roads, senior centers, schools, and other facilities.

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## Neighbors

By Beth A. Paulson

Southwest residents who have used the free Shuttle-Bug service to travel between Southwest neighborhoods along G and I Streets, to ride to the library, Safeway, CVS, Waterfront Metro, and Jazz & Blues nights, came together at the Westminster Presbyterian Church to celebrate. The Shuttle-Bug project was initiated by the SouthWest Action Team (SWAT), an all-volunteer team of residents living north of I Street, seeking to remediate the effects of the Waterfront Station construction project and the consequent concerns for safety and quality-of-life issues. The team prepared the Shuttle-Bug proposal, organized political support, obtained funds and then managed the project. Seventy percent (70%) of Shuttle-Bug costs are funded by private sources, not a usual occurrence: Waterfront Associates LLC (53%), The View at Waterfront via Fairfield Residential (17%) and 30% by the District of Columbia.

The success of the Shuttle-Bug was celebrated on June 25th at Westminster Presbyterian by DC officials: a development manager from Forest City Washington representing Waterfront Associates, managers from The View at Waterfront, SouthWest Action Team (SWAT), Diamond Transportation Services, Inc., The AD Store (Georgetown), and Shuttle-Bug riders. Besides the great company and wonderful food courtesy of Vyllorya Evans, the fancy new promotional

# Celebrating the Shuttle-Bug



*Rinaldo Washington, Emmaus Services for the Aging; Shuttle-Bug fiscal manager; Nancy Gurganus, Designer of the wrap, The AD Store – Georgetown; Assistant Chief of Police, Diane Groomes, MPD; Jeff Marootian, DC Department of Transportation; Beth A. Paulson, Founder, SouthWest Action Team - SWAT & Shuttle-Bug Project leader; Commissioner David Sobelsohn, ANC6D02; Ward 6 Councilmember Tommy Wells; David Smith, Forest City Washington, on behalf of Waterfront Associates LLC; Eric Jenkins, Office of the Deputy Mayor, representing City Administrator Neil Albert*

wrap on the bus exterior was unveiled. This wrap was designed by Nancy Gurganus from The AD Store in Georgetown on a pro-bono basis. The AD Store also designed the Shuttle-Bug brochure.

During the celebration, SWAT highlighted the important contributions of each speaker on

the program and some members of the audience towards development of the Shuttle-Bug. The speakers included Waterfront Associates LLC (David Smith); city officials including Dr. Clarence Brown and Eric Jenkins, representing our ally, City Administrator Neil Albert; ANC6D02 (David Sobelsohn); and the SouthWest Action Team (Beth A. Paulson).

Commissioner David Sobelsohn, ANC6D02, opened the program describing his own experiences as a victim of several violent assaults in the neighborhood and highlighted the safety aspects of the Shuttle-Bug.

Ward 6 Councilmember Tommy Wells discussed his first reaction at hearing SWAT's proposal for the Shuttle-Bug and his facilitation of the initial meeting with top officials from the administration. Mr. Wells also facilitated negotiations with the developers and sealed the deal.

Assistant MPD Chief of Police Diane Groomes, in her former position as 1st District Commander had encouraged SWAT members to be trained by MPD in team-based problem solving on neighborhood security issues. She has given unwavering support for the Shuttle-Bug for its public safety benefits to the community.

David R. Smith, Development Manager, Forest City Washington spoke on behalf of Waterfront Associates LLC, a major contributor to the Shuttle-Bug. He discussed the tough negotiations that took place prior to funding the bus and the plans for the Mall when it opens in 2010.

Beth A. Paulson, Founder of SWAT and the Shuttle-Bug's project leader, described the efforts of the all-volunteer team. From March through September 2007 the SWAT Transportation Committee and Steve Yaffe, SWAT's Pro bono Transportation Consultant, met weekly to research and develop the Shuttle-Bug proposal, budget, routes, and timing. After several presentations to city officials and then the developers, the ANC6D gave its unanimous approval in September 2007. While city officials and the developers negotiated directly for funds (until late spring, 2008), SWAT responded to memos, and many inquiries requesting information and updates. SWAT drafted the grant agreement with the city for DC funds and conducted

the bid process to find a highly experienced transportation provider. Diamond Transportation Services, Inc., a company with 28 years of experience transporting seniors and persons with disabilities, was selected as the provider.

Dr. Clarence Brown, Executive Director, DC Office on Aging, referred SWAT to the Shuttle-Bug fiscal manager, Emmaus Services for the Aging. Emmaus met DC government's requirements of having both DC grants and transportation experience. SWAT wrote the contracts and legal documents for the bus company; worked with The AD Store in Georgetown to prepare the brochures; and organized volunteers to distribute Shuttle-Bug brochures door-to-door throughout the target area. Throughout December and January 2008, SWAT members made presentations about the shuttle and distributed brochures at community meetings.

DC Department of Transportation and Metropolitan Police Department personnel reviewed the routes and helped select Shuttle-Bug stop locations. Jeff Marootian and Derrick Hardy of DDOT arranged for the production and placement of signs at each bus stop. Jeff Marootian, DDOT's Director of Customer Service and a former MPD employee was given special recognition for his work with SWAT since June 2006 and support of the Shuttle-Bug project. MPO Maurice Thompson, MPD, PSA 104, First District, was given special recognition for sharing his law enforcement knowledge with SWAT since we began in 2006, and his contributions to planning of the Shuttle-Bug. He reviewed the shuttle route and bus stops for safety issues. Eugene Fletcher, our reliable, soft spoken Shuttle-Bug driver was specially honored at the celebration and received a standing ovation.

SWAT ended the evening of fun and good will by giving each attendee a Shuttle-Bug button, pen, and key tag along with a pretty reusable bag donated by the SW Safeway. Many left the celebration as they had come -- on the Shuttle-Bug.

What do we know about the Shuttle-Bug and our riders?

The Shuttle-Bug is uniquely successful. The transit industry gauges success by the number of people boarding a bus during each hour of service. Normally it takes one year for a new bus/shuttle route to prove itself. In its second full month of operation, the Shuttle-Bug exceeded industry standards for suburban service at 10 passenger boardings per hour. In March; we exceeded minimum requirements for suburban routes and met minimum standards of service in several municipalities. Shuttle-Bug ridership went from 25 riders on December 17, 2008 (Day 1) to a high of 180 riders on a cold March 27th. Also last March, based on rider requests and usage, we started the evening run an hour earlier — at 4:00 p.m. We learned that many riders with an early work schedule came home at 4:00 p.m. and needed the service. This summer, the Shuttle-Bug is averaging 125 daily rides: over 12 passenger boardings per hour.

This spring, a transportation class of civil engineering majors from George Mason University conducted an on-board survey of Shuttle-Bug riders. A snapshot of the survey results show that 40% ride every day, 75% ride 2 to 5 days/week, 61% either do not drive or do not own a car, and 21% have difficulty walking. The reasons cited for taking the Shuttle-Bug were: safety (about 30%); work (55%); shopping (Safeway, CVS) (30%); both work and shopping (17%); and quickest way to Metro (20%). The majority of the riders are between 25 to 64 years of age.

SWAT and its partners appreciate this opportunity to share the success of the Shuttle-Bug with the Southwester.

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## Real Estate & Development

### Real Estate Notes

■ Lerner Enterprises announced they have signed a lease with GSA on behalf of the Bureau of Land Management. **The Bureau of Land Management will occupy 94,435 square feet of space at 20 M Street**, across from the Nationals Ballpark entrance to the Navy Yard Metro Station. Move-in is planned for the first quarter of 2010.

■ **SunTrust bank at 100 M Street, SE** celebrated its grand opening of the new branch on Friday, August 21<sup>st</sup>.

■ Mayor Adrian Fenty was on hand for the **ribbon cutting at Capitol Quarter** at the opening of the first phase of the mixed income townhouse development in Southeast on August 26th. Capitol Quarter's first phase, delivering now, includes 77 market-rate townhouses, 36 affordable units, 39 public housing rental units and 8 Housing Choice Voucher units. EYA expects to complete the first phase next year, followed by a second phase that is scheduled for delivery in 2012.

■ The newest addition to the Southwest real estate market, **Waterfront Tower, is now open for business**. The I.M. Pei tower on the corner of M and 3rd Street has opened a leasing office on the second floor of the building. Mayhood Company is the sales agent for the condos. Abdo Construction remodeled the tower, complete with a new outdoor fence and a resurfaced parking lot. New trees have been planted and the entry arcade landscaped.

■ **The View at Waterfront**, at M and 6th Street, designed by IM Pei in the '60's and purchased by Fairfield in 2003, has been sold at foreclosure to Titex Marina View, LLC, an Atlanta, GA based LLC and subsidiary of Titex Real Estate Advisors of Delaware. For now, current rental leases will be honored. There is no word yet on the future of construction on the site. A Planned Unit Development (PUD) was approved by the Zoning Board last year for an amenities building and two new apartment high rises.

■ **Constitution Center**, the site of the former Department of Transportation, is set to be delivered very early in 2010. Vornado is in charge of leasing the building.

■ The 520,000 square foot building at **500 12 Street, SW** was sold by Prudential Real Estate on behalf of an investor to a pension fund. The building, currently fully leased for the Immigration and Customs Enforcement Head Quarters, was acquired through Invesco Real Estate.

■ The Federal Aviation Administration, recently signed a \$34 million contract with Apptis, a systems integrator. Apptis promptly leased nearly 15,000 square feet at **370 L'Enfant Promenade, SW**. The FAA still has \$1 billion in contracts to be awarded in the next three to six months, and, since contractors want to be close by, Southwest office space is becoming a hot commodity.

By The Southwester Staff

According to a press release in late August from Monument realty, "it is moving forward with the renovation of Potomac Place Tower, a 396-unit condominium located at 800 4th Street in Southwest Washington, DC. The condominium project was stalled when the senior lender, Lehman Brothers Holdings Inc., filed for bankruptcy in September 2008. Since that time Monument Realty has worked closely with a new lender to sort through a very unusual set of circumstances and to ensure that construction would be completed and sales contracts would be honored."

"We have worked closely with our lender to sort out this very complicated situation and to

bring the project back to the market. We are pleased to be in a position to pay contractors and vendors as well as resume sales," stated Michael J. Darby, a founding Principal of Monument Realty. "It has been a pleasure working with the lender and their counsel. They have taken the time to understand the complexities of this project and were able to appreciate the value in moving forward to completion."

This is great news, since reports of construction liens had soured hopes for a timely solution. It's good to see a current Southwest project get back on track.



Recently remodeled lobby at Potomac Place

# embrace design

## The Washington Design Center's Find-A-Designer Consumer Day

September 10<sup>th</sup>, 10AM-2PM

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## ANC 6D Update

From p. 3

make available for community use through the Community Benefits Coordinating Council, since the ANC cannot accept financial contributions.

ANCs also differ from other community groups in that our operations are funded by DC tax revenues. Although ANC Commissioners are not paid, each Commission may use their allotment to hire staff, and rent office and meeting space to facilitate their work. ANC-6D is also permitted to operate programs to benefit their neighborhoods as long as they don't duplicate available programs or services provided by the District government. ANC-6D has a community grants program for this purpose. This year, ANC-6D has extended grants totaling more than \$5,000.

The boundaries of each ANC and SMD are established by law depending upon population. In the last census, the size of ANC-6D changed dramatically when we incorporated much of the area east of South Capitol Street. But ANC boundaries do not always match the voting precinct boundaries, or for that matter, Ward Boundaries. In fact, eight years ago we fought and won the right to retain under our jurisdiction the area east of 14<sup>th</sup> Street to the Capitol and south of the National Mall and north of the Expressway, since that area most directly impacts the residents of our neighborhood – even though that area is actually in Ward 2. As a result, we have had input on decisions made on the new Fire House, the new Crime Lab, access routes to L'Enfant Plaza Metro, and a number of large commercial developments bordering residential Southwest.

ANC-6D currently has three standing committees: Development and Planning, Alcohol Beverage Control, and Community Outreach.

The committees study the issues and make recommendations to the full ANC for consideration. Committees consist of seven members, one from each SMD, appointed by the commissioner representing each district. The ANC also establishes special Task Forces as needed.

ANC-6D meets on the second Monday of each month. ANC-6D will next meet on September 14 at 7pm at The Courtyard Marriott, 140 L Street, SE. (Please note that ANC-6D will meet on the *third* Monday in October this year because of Columbus Day).

Community members are encouraged to attend our monthly meetings. If you wish to address the ANC on any issue for three minutes at the beginning of the meeting, please call the office 48 hours in advance to be put on the list. Community members may also express their opinions prior to any non-administrative vote taken by the Commission. For more information about ANC-6D and a map marking our single member districts, please log on to our website at [anc6d@dc.gov](mailto:anc6d@dc.gov) or call our offices at 202-554-1795.

### ANC-6D Commission Members

ANC-6D-01 – Jane Jorgensen (Treasurer) – [janejorgensen@verizon.net](mailto:janejorgensen@verizon.net)

ANC-6D-02 – David Sobelsohn (Secretary) – [anc6d02@yahoo.com](mailto:anc6d02@yahoo.com)

ANC-6D-03 – Ron McBee – [ron\\_mcbree@hotmail.com](mailto:ron_mcbree@hotmail.com)

ANC-6D-04 – Andy Litsky (Chairman) – [alitsky@aol.com](mailto:alitsky@aol.com)

ANC-6D-05 – Roger Moffatt – [rlmoff@erols.com](mailto:rlmoff@erols.com)

ANC-6D-06 – Rhonda Hamilton – [misrhonda@yahoo.com](mailto:misrhonda@yahoo.com)

ANC-6D-07 – Robert “Bob” Siegel (Vice Chairman) – [robertbobsiegel@gmail.com](mailto:robertbobsiegel@gmail.com)

ANC-6D Staff – Bert Randolph – [office@anc6d.org](mailto:office@anc6d.org) – 202-554-1795

## “Faith and Animals—A Plea for Compassion” at September 27's Grounds for Discussion



**B**ruce Friedrich, Vice President for Policy at People for the Ethical Treatment of Animals (PETA), is the featured speaker on Sunday, September 27 at St. Augustine's Episcopal Church's Grounds for Discussion series, beginning at 10:45 a.m. with light refreshments and an audience Q&A following the presentation. St. Augustine's Episcopal Church is located at 600 M Street, SW.

Earlier in the morning, Friedrich will give the homily during the Service of Holy Eucharist that begins at 9:30 a.m. All are welcome to attend.

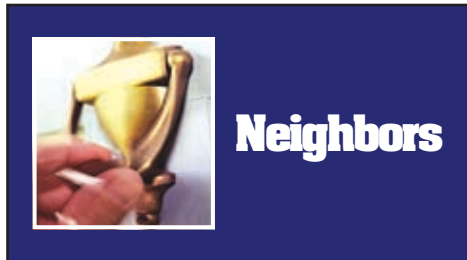
Friedrich's topic “Faith and Animals—A Plea for Compassion” is based on his belief that concern for animals should be a natural extension of Christian concern for other human beings. He will lead an interactive discussion of the status of animals in the world today, and what the Christian response should be.

Friedrich describes PETA as the largest animal rights organization in the world. Before joining PETA in 1996, he ran a soup kitchen and homeless shelter in Washington, D.C. for six years. He has been a faith-based social justice advocate for more than 20 years.

Grounds for Discussion is a community speaker forum being offered by the church on the last Sunday of each month at 10:45 a.m. to 11:30 a.m. It will focus on local, national and global issues that challenge us both as citizens and people of faith, according to the Rev. Martha Clark, priest-in-charge at St. Augustine's. Guest speakers will include writers, educators, and civic and church leaders.

## End of Summer Fair Emphasizes Family Fun and Outreach

By Elaine Graves



**E**mphasizing a family-friendly fun fair, St. Augustine's Episcopal Church's annual fair is set for Saturday, September 26, from 9 a.m. until 3 p.m. The fair goes on, rain or shine, around the grounds and in the sanctuary of the church at 600 M Street, SW, the corner of 6th and M Streets, Southwest.

The End of Summer Fair will raise funds for the congregation's Southwest Outreach Ministry, particularly children, youth and senior programs, according to the Rev. Martha Clark, Priest-in-Charge of St. Augustine's.

As in past years, the End of Summer Fair will feature its ever-popular children's activities, senior bingo and lunch, fish fry sandwiches, hot dogs, baked goods, BBQ, and gently used clothing, household items, and books, plus a moon bounce. Other vendors will sell a variety of items.

The *MYSTR Treefrog Band* will provide lively music with John Brayton on guitar, Eli Brayton on bass, Chris Zogby on drums and Alphonso Coles on percussion.

Winning a \$250 cash prize and other prizes await the lucky raffle ticket holders who buy \$2.00 raffle tickets both before and during the fair, according to the fair's Coordinator Virginia Mathis. Raffle prize drawings are planned throughout the day.

Rev. Clark and the End of Summer Fair Committee members encourage fair attendees, once they leave, to walk down 6th Street to I Street, SW, to enjoy the 8<sup>th</sup> Annual D.C. Jazz Preservation Festival, hosted by the Westminster Presbyterian Church at the Town Center Park & fountain, from noon to 9 p.m.

For further information about sponsorship, vendor space or for questions about the fair, contact Elaine Graves, [egraves@hers.com](mailto:egraves@hers.com) or call 202-863-0256.



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and Bible Study: 8 p.m.

#### St. Augustine's Episcopal Church

600 M Street, SW  
Sunday: 9:30 a.m.  
Tuesday 6:30 p.m. Evening Prayer

#### St. Dominic Catholic Church

603 E Street, SW  
Saturday: 5:15 p.m.; Sunday 8 a.m.,  
10:45 a.m., 12:15 p.m. (Spanish),  
and 5:15 p.m.  
Weekdays: 8 a.m. and 12:10 p.m.

#### St. Matthew's Baptist Church

New Jersey Avenue, SE  
Call 488 7298 for service times.

#### St. Matthew's Lutheran Church

222 M Street, SW (worshipping at  
First Trinity Lutheran Church, 501 4<sup>th</sup>  
Street, NW)  
Sunday: 10:30 a.m.

#### St. Vincent de Paul Catholic Church

14 M Street, SE  
Sunday: 8 a.m.  
Mon., Tues., Thur., Fri.: 12:10 p.m.

#### Second Baptist Church

1200 Canal Street, SW  
Sunday: 8 a.m. and 10:45 a.m.  
Wednesday: Prayer Meeting 7 p.m.

#### Riverside Baptist

7<sup>th</sup> Street and Maine Avenue, SW  
Sunday: 10 a.m. with Bible Study at  
9 a.m.

#### Westminster Presbyterian Church

400 I Street, SW  
Sunday: 11 a.m.

#### Galilee A.M.E. Church

Worshipping at St. Augustine's Epis-  
copal Church, 600 M Street, SW  
Sunday: 2 p.m. Wednesday: Bible  
Study 7:30 p.m.

#### Christ United Methodist Church

900 4th Street, SW  
Sunday: 10:00 a.m.

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## Jazz Festival Heats Up Southwest



### Arts

By The Southwester Staff

A community lives on and builds on its pillars, and Jazz Night at Westminster Presbyterian Church has been a Southwest pillar since its inception ten years ago.



Musicians performing at the Annual D.C. Jazz Preservation Festival in 2008

Despite the many radical changes in the area of 4th and I Streets, Jazz Night has preferred a slow evolution of song and heart to become a premier venue for local musicians.

In January 1999, Earl Banks, a jazz musician, drummer and singer, met with Brian Hamilton, one of Westminster's pastors. Banks was looking for a venue for local jazz musicians to play the music they loved. With the Hamilton's support and that of his wife and co-pastor Ruth Hamilton, Jazz Night in Southwest saw the light of

day.

With the guidance of the Southwest Renaissance Development Corporation and the support of the D.C. Commission on the Arts and Humanities, Jazz Night has birthed other initiatives at Westminster, including Monday Blues Night, various special concerts, the Thinking About Jazz Discussions, and the annual DC Jazz Preservation Festival.

This year, the 8th Annual D.C. Jazz Preservation Festival will be held on Saturday, September 26th, from noon until 9 p.m. at the Public Park at 6th and I Streets, SW. The historic venue for this event has been Towne Center Park at 4th and I Street but with ongoing construction for the re-opening of 4th Street, this will be the first festival at this new location. Each hour will bring a fresh set of different musicians to the stage playing some of D.C.'s very best classical, straight-ahead jazz. This year, the talent will include Buck Hill, George Botts, Butch Warren, Bill Clark, Antonio Parker, Paul Carr, Lyle Link, Marshall Keys, and Jackie Hairston. The festival is sponsored by Southwest Renaissance and its Jazz Night in Southwest program (every Friday 6-9 p.m.; \$5 admission) and Westminster Church as a celebration for the whole community.

The Festival is free to all; vendors are welcome; food will be sold all day. A small playground is available for children. There is no rain date; in the event of inclement weather the festival will be moved into Westminster Church adjacent to the park. We can all look forward to some sweet musical sounds filling our streets that afternoon and evening.

For more information, please call 202.484.7700 or email [info@swrenaissance.com](mailto:info@swrenaissance.com).

## Southwest Players Upcoming Season

By The Southwester Staff

The Southwest Chamber Players (SWCP), our only resident musical ensemble, is pleased to announce its thirteenth fall season, a series of four concert programs at Saint Augustine's Episcopal Church, Maine Avenue and Sixth Street SW. These four programs will bring SWCP to a cumulative total of 150 in Saint Augustine's since the organization's 1997 founding. As usual, all programs begin promptly at 7:30 p.m.

The first will be Thursday, September 24, an evening of American vocal music, including both classical and pop songs by Samuel Barber, Aaron Copland, Victor Herbert, Sigmund Romberg, and others. Singers will be sopranos Joyce Bouvier and Rosemarie Houghton and tenor John Turner, backed up by newcomer flutist Heidi Schuller, and regular clarinetist Harold Yaffe and pianist David Ehrlich.

The next program, on Monday, October 19 will feature the Lennox String Quartet, ampli-

fied by friends Grace Boeringer, violin; Joanna Taylor, viola; and pianist Barbara Wing. The program will include Antonin Dvorak's very rare string sextet, op. 48, and Gabriel Fauré's magnificent violin sonata rendered by Southwester Cecile Jones.

Following these two ensemble programs will come a total change of pace, and a true first for SWCP! On Tuesday, November 24, twenty-two members of the clarinet choir Genussa will present a wonderful arrangement of Modest Mussorgsky's fabulous piano work "Pictures at an Exhibition" that will make full use of every one of them. Also on that program will be a Saint-Saens Tarantella, played by Heidi, Harold, and David.

Finally, Christmas will come as it does every year. This year it will come musically on Tuesday, December 22, and will include the usual seasonal potpourri of old favorite by Bach, Mozart, Mendelssohn, and others, augmented by sing-along carols, and lots more.



## Lucas Reiner to discuss his paintings and *Stations of the Cross* series at St. Augustine's Art & Spirit Coffeehouse

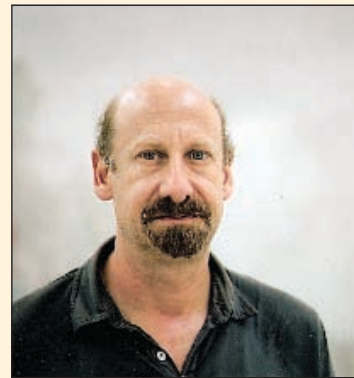


### Arts

By Elaine Graves

Los Angeles Visual Artist Lucas Reiner will discuss his paintings and the *Stations of the Cross* series he's doing for Washington, DC's St. Augustine's Episcopal Church at its monthly Art & Spirit Coffeehouse on Wednesday, October 7th, 2009 at 600 M Street, SW. The free evening begins at 7 p.m. and includes coffee and desserts, followed by a Q&A with the audience, facilitated by Michael Mack, an interdisciplinary artist and thinker.

Lucas Reiner's paintings have been described as resonating "with emotion, poetry and gritty reportage" by Art in America magazine. His work has been shown in New York, Los Angeles, Mexico City, Rome, Milan, Ven-



Lucas Reiner

"I have been painting individual trees over the last nine years. I've also recently exhibited paintings of "fireworks" (2005), and am currently working on a series of paintings called 'afterglow' which are an extension of the fireworks paintings."

Reiner's current body of work is of radically trimmed trees from the Los Angeles area. His exploration of trees began with a trip to the north woods of Michigan where he was struck by the natural beauty of the dense forest. Upon returning to his native Los Angeles he began to see the trimmed trees of this urban center through new eyes. He started the process of painting these maimed trees as portraits against a neutral grey ground. The depth of his commitment to this subject increased when his mother-in-law, Ann Winchester, a St. Augustine's parishioner, asked if he would be interested in painting a *Stations of the Cross* series for the church. The painter started making preliminary sketches for the project immediately using real trees as his models to depict the final path of Jesus. He recently began work on a series of *Stations* etchings in Munich, Germany.

His art education includes study at the Parsons School of Design in Paris, Otis Art Institute in Los Angeles where he also teaches, and the Parsons School of Design, New School for Social Research in New York.

He's been a visiting artist at several Southern California colleges, the Myers School of Art, University of Akron, Cleveland, and IUAV in Venice, Italy. Reiner is the recipient of the Lester Horten Award for Scenic Design in 2003.

The Southwest Episcopal Church's Art & Spirit Coffeehouse series opens on the first Wednesday of each month to showcase local artists in their various media as they perform and share how their faith, art and social worldview intersect, according to the Rev. Martha Clark, Priest-in-Charge at St. Augustine's. Donations will be accepted to help provide honorariums for the guest artists. Contact [rector@staugustinesdc.org](mailto:rector@staugustinesdc.org), 202-554-3222 or visit [www.staugustinesdc.org](http://www.staugustinesdc.org) for further information.



2004: On Pico Blvd #2. Oil on Canvas

ice, London, Buenos Aires and Munich. The book "Lucas Reiner: Los Angeles Trees 2001-2008; Paintings, Drawings, Filmstills" by Petra Giloy-Hirtz was recently published by Prestel. Since 1995, numerous articles on the artist and his paintings have appeared in various publications from the Los Angeles Times to zingmagazine.

The artist, who paints with oils, explains,

## Hogate's

From p. 1

rice is whole, without being split, indicating that the gumbo is recently made and not allowed to sit in a pot for days while it turns to mush. It is a real treat.

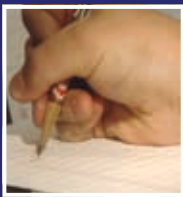
Kristina has a lease on the building from the City of DC, which, of course is terminable when construction begins on the Southwest Waterfront Redevelopment Project. But she wants to be a quality part of the future of the Waterfront.



Historic Hogate's Seafood Restaurant on the old Waterfront.



## Syphax Gardens Provides Alternatives to Street Roaming



### Kids & Schools

By Blossom Athey

Perhaps the best ideas for the most practical alternatives to street roaming can be gleaned from the countless requests of neighborhood children for "crayons and paper

so I got something to do at home." Syphax has responded by creating a year-round "something-to-do" closet from which kids periodically can obtain items such as crayons, pencils, paper, puzzles and work books, as well as art and craft supplies. Requests for materials are monitored carefully to prevent waste and to ensure proper distribution. Even with the availability of summer programs and after-school care, children have many hours during which they need "something-to-do" and this year-round effort is helping at Syphax. Persons who are willing to donate items from time to time can help by contacting Gloria Hamilton, President of the Syphax Residents' Council (Phone: 202-484-1750).

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*First Day Welcome at Amidon-Bowen Elementary School: McGruff the Crime Fighting Dog; Minnie Mouse; Ms. Almeta Hawkins, Principal; Commander David Kamperin, MPD 1st District; Col. Laura Richardson, Garrison Commander, Ft. Myer/Ft. McNair Military Community; Ms. Pat Ryan, Acting President, Southeastern University]*

## What's In Your Backpack?



### Kids & Schools

By Meg Brinkman

The sure sign that school is starting is the appearance of backpacks with Spiderman, Hello Kitty and stylish models with water bottles attached. Over 400 Southwest and Near Southeast students marched into their schools with a new backpack stuffed with the necessities, coordinated by the officers and members of the Resident Council Group (RCG) which organized shopping trips to purchase supplies and backpacks at the best possible price and provided the labor to sort, fill and distribute the new backpacks to families who applied. Any family living in ANC6D attending any public, private or charter school was eligible on a first come first serve basis by submitting an application.

These backpacks contain the best wishes and good will of dozens of 4<sup>th</sup> Street Neighborhood residents, who for the third consecutive year pur-

chased dozens of pencils, colorful pocket folders, composition books, crayons and colored pencils or wrote checks to purchase school supplies. They contain the generous contribution of ANC Commissioners that voted to support ANC6D students with a fund that provided backpacks and much of the supplies to equip them. The South Washington West of the River Family Strengthening Collaborative purchased packs and supplies for the 200 children in the families they serve in Southwest and Southeast. In addition The Fort Myer/Fort McNair Military Community, who has "adopted" Amidon-Bowen, Second Baptist Church, and Metropolitan Police Department 1<sup>st</sup> District, Akridge Realty, Mandarin Oriental, The Nationals Players Wives' Organization, The World Bank and the Ronald McDonald House all contributed.

The list of community groups and individuals who have participated this year to get our kids ready to learn from day one is long and contains organizations large and small. From the generous gift of ANC6D and the South Washington Collaborative, to the checks received from Southwest residents, the message is one of support for the children and families in Southwest and Near Southeast. We can all feel good about the success of our efforts working together. In a real way those backpacks are filled with the hopes and good wishes of all residents of our community for our children.

## Local Kids Celebrate Reading



### Kids & Schools

The Resident Council Group celebrated the beginning of school with "Reading is Fun Day" at King Greenleaf Recre-

ation Center. Even the rain could not dampen the spirits. Safeway, Schulman's Market, and Cap Liquor supplied food and drink, Emma Ward arranged for the popular Moon Bounce, and Yvette Davis, DC Public Library, provided books for all the children. The South Washington West of the River Family Strengthening Collaborative held a bicycle raffle. SWNA's Youth Activities Task Force arranged for the excellent story teller, "The Honorable Baba-C, GMS, celebrating the Oral Tradition."

Many hands made this annual affair a great success.



## Nationals Are a Hit at School



### Sports

By The Southwester Staff

The start of the school year is always exciting for children, but the kids at Amidon-Bowen Elementary School were in for a special treat when they arrived at school on their first day, August 24. Washington Nationals Mascot "Screech", was there to welcome them and help get them started off the right way. Screech entertained the overflowing crowd in the school's cafeteria and left the kids with smiles on their faces and an enthusiasm for the upcoming school year.

In addition to the surprise welcome, Amidon-Bowen was selected as one of three

DC schools that will be the recipients of the more than 5,000 items donated by Nationals fans during the *Third Annual First Ladies' Back-To-School Drive*. The wives and girlfriends of current Nationals players participated in the four-day drive hosted at Nationals Park when the team faced the Milwaukee Brewers (August 21-24). The First Ladies drummed up support for the drive through television and print interviews and collected supplies at the gates throughout the weekend. Students from Howard Road Academy, a charter school located in Southwest, also were selected to benefit from the donation of school supplies.

The donation is part of the Nationals' focus on providing positive experiences to DC's youth. During the past few months, the Southwest community has benefitted from youth clinics at Nationals Park and has hosted a field renovation training, at King Greenleaf Recreation Center, by the Nationals grounds keeping staff.

## Mandarin Oriental To Unveil "Sou'wester" In September



### Local Dining

By The Southwester Staff

Next month, Mandarin Oriental, which rises above the northern part of the Southwest Waterfront, will launch its

describes what to expect from the menu:

"Having worked together at the French Laundry in Yountville, California, Per Se in New York City, and CityZen in D.C., Chefs Ziebold and Harriman make an efficient and natural team, complementing each other's styles and tastes in the kitchen. Their menu reads with a Southern lilt and features traditional as well as interpretive takes on classics such as *Chicken and Dumplings*, *Braised Rabbit Leg with Creamed Grits* and *Sautéed Perch with Old Bay Chowder*.

Lunch guests will also enjoy dishes such as *Shoat Rillettes with Pickled Green Tomatoes*, *Maryland Blue Crab with Mango and Avocado* and *Sautéed Pork Belly and Pickled Watermelon Rind*, as well as an array of sandwiches served with housemade picc-lilli. The lunch menu will also offer 'soup & salad' and 'soup & sandwich' combinations to cater to busy professionals and tourists on the go. The extensive dinner menu will have a varied selection of hot and cold appetizers, seafood, meats and seasonal specials, including appetizers like *Chesapeake Bay Rockfish Ceviche* and *Poached Egg with Creamed Grits & Sweetbreads*, as well as entrées

such as *Blackened Bluefish with Cajun Rice* and *Fried Chicken with Coleslaw*. Not to be missed will be comforting side dishes like *Beer Battered Onion Rings*, *Hush Puppies with Honey Butter*, and *Sou'Wester Tater Tots*.

Pastry Chef Amanda Cook, who has presided over the desserts at CityZen for over three years, will also design *Sou'Wester's* sweet offerings, which will include wide selection of ice creams and sorbets, as well as treats such as warm and crispy *Fried Apple Pie* and a homey *Carrot Cake*. *Sou'Wester* will also serve an extensive breakfast menu that includes omelettes, pancakes, waffles and a selection of fresh fruit juices and smoothies.

Carlton McCoy, an Advanced Level Sommelier, who most recently served as captain at *CityZen*, has been tapped to head the beverage program for *Sou'Wester*, which will be made up of affordably priced wines by the glass, an all-American craft beer list and an original cocktail menu with libations based around fruit, herb and spiced nectars."

*Sou'wester* will open for breakfast, lunch and dinner daily from 6:30 AM to 11:00 AM, 11:30 AM to 5:00 PM and 5:30 PM to 10:00 PM, respectively. *Sou'Wester* is located in the Mandarin Oriental at 1330 Maryland Ave, SW, Washington D.C. For reservations or more information, please call 202-787-6868 or visit the website at [www.mandarinoriental.com](http://www.mandarinoriental.com).

A press release from Mandarin Oriental

## Ann's Beauty Supply Shop

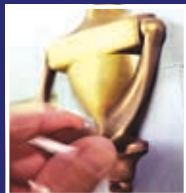
Has moved to 125 L St. SE, a block from the Navy Yard Metro New Jersey Ave. stop, behind the church.

**202-554-5588**



Cornercopia brightens SE corner. Photo: The Capitol Riverfront Business Improvement District

## Cornercopia Helps Fill Culinary Void in Near Southeast



### Neighbors

The neighbors patronizing the new retail store in the evenings, while the day time crowd consists mainly of local office workers.

Plans for the near future include an online ordering system, delivery service for ready made food and groceries, outdoor seating, breakfast items, and expanded sandwich offerings.

By The Southwester Staff

As the neighborhood changes with the pleasant streets of Capitol Quarter, an old corner has been renewed by familiar hands. The old 3<sup>rd</sup> and K Street Market business was sold in the early 1990's by the Oh family, but Alberto Oh has retaken the reigns to open a new Gourmet Deli Market in the remodeled space. *Cornercopia* now offers a selection of specialty groceries, sandwiches, fresh produce, beers, and wines.



Specialty deli meats at Cornercopia



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